

# sandwiches

## signature

- 21. Turkey Club**  
on toasted country white – antibiotic-free turkey, cheddar, applewood smoked bacon, tomatoes, mesclun & mayo **(600 cal)**
- 23. Caprese**   
on ciabatta – fresh mozzarella, tomatoes, arugula, mayo & basil pesto **(570 cal)**  
**Caprese with all natural chicken** **(710 cal)**
- 25. Chipotle Black Bean Burger with Avocado** **NEW**   
on ciabatta – chipotle cheddar, caramelized onions, tomatoes & chipotle mayo **(670 cal)**
- 28. Black Angus Roast Beef & Herb Cheese** **NEW**  
on multigrain baguette with arugula & tomatoes **(520 cal)**
- 30. The Veggie** **NEW**   
on multigrain baguette – grilled eggplant, roasted red peppers, fresh mozzarella, arugula & lemon aioli **(650 cal)**
- 31. Turkey Cranberry Brie**  
on sliced multigrain with cranberry walnut chutney, mesclun & honey mustard **(720 cal)**
- 34. Grilled Chicken Avocado** **NEW**  
on toasted baguette – all natural chicken, fresh avocado, applewood smoked bacon, tomatoes, mesclun, Dijon & bleu cheese dressing **(690 cal)**

 **Vegetarian**

## café

- 41. Classic Chicken Salad**  
on country white – cranberries, almonds, tomatoes & mesclun **(450 cal)**
- 43. Turkey & Swiss** **NEW**  
on multigrain baguette – antibiotic-free turkey, Swiss, tomatoes & honey pecan spread **(740 cal)**
- 44. Tuna Salad**  
on country white with tomatoes & mesclun **(430 cal)**
- 45. Black Forest Ham & Cheddar** **NEW Recipe**  
on multigrain baguette with tomatoes & honey mustard **(640 cal)**
- 47. Black Angus Roast Beef & Cheddar** **NEW Recipe**  
on ciabatta with tomatoes, mesclun, mayo & Dijon **(480 cal)**
- 48. Grilled Chicken** **NEW Recipe**  
on ciabatta with tomatoes, mesclun & lemon aioli **(450 cal)**

## wraps

- 11. Thai Peanut Chicken**  
all natural chicken, field greens, tomatoes, cucumbers, carrots, crispy wontons & Thai peanut dressing **(550 cal)**
- 12. Southwest Tuna** **NEW Recipe**  
with chipotle cheddar, romaine, tomatoes & chipotle mayo **(710 cal)**
- 13. Chicken Caesar**  
all natural chicken, asiago, romaine & Caesar dressing **(620 cal)**
- 16. Mediterranean** **NEW Recipe**   
hummus, feta, field greens, tomatoes, kalamata olives & cucumbers **(550 cal)**
- 17. Napa Chicken with Avocado** **NEW**  
all natural chicken, fresh avocado, romaine, tomatoes, cucumbers, lemon aioli & lemon dressing **(540 cal)**

# specialty salads

- 1. Chicken Cobb with Avocado** **NEW**  
all natural chicken, field greens, applewood smoked bacon, gorgonzola, egg, tomatoes, cucumbers & sesame ginger dressing **(660 cal)**
- 2. Greek** **NEW**   
romaine, feta, tomatoes, cucumbers, red onions, artichokes, kalamata olives & feta vinaigrette **(400 cal)**
- 4. Chicken Caesar Asiago**  
all natural chicken, romaine, asiago, croutons & Caesar dressing **(570 cal)**  
Available without chicken **(490 cal)**
- 5. Thai Peanut Chicken**  
all natural chicken, field greens, tomatoes, cucumbers, carrots, crispy wontons & Thai peanut dressing **(390 cal)**
- 7. Mediterranean Chicken**  
all natural chicken, field greens, feta, tomatoes, kalamata olives & balsamic vinaigrette **(420 cal)**
- 8. Tuna Garden**  
field greens, cucumbers, tomatoes, croutons & balsamic vinaigrette **(400 cal)**  
Available without tuna **(210 cal)**
- 9. Chef's Salad**  
field greens, antibiotic-free turkey, black forest ham, applewood smoked bacon, asiago, tomatoes & balsamic vinaigrette **(390 cal)**

## breakfast

- 51. Egg Whites & Cheddar** **NEW**   
on wheat skinny bagel **(230 cal)**
- 54. 2 Eggs & Cheddar Sandwich**  
on plain bagel, wheat skinny bagel or ciabatta **(280 - 470 cal)**
  - with sausage **(490 - 680 cal)**
  - with applewood smoked bacon **(370 - 560 cal)**
  - with black forest ham **(320 - 510 cal)**
- 56. 2 Egg Sandwich**  
on plain bagel, wheat skinny bagel or ciabatta **(230 - 420 cal)**
  - with sausage, applewood smoked bacon or black forest ham **(270 - 630 cal)**
- 58. Smoked Salmon Wasabi**  
on onion dill bagel with herb cream cheese **(430 cal)**  
**Substitute 3 Egg Whites (70 cal) on any Breakfast Sandwich**  
**Toasted Bagel & Cream Cheese (400 - 610 cal)**

## bakery

• Bagels  
• Croissants  
• Muffins  
• Danishes  
• Cinnamon Roll  
• Brownies  
• Pecan Roll  
• Pound Cakes  
• Cookies  
• Scones  
• Strudels  
• Cupcakes  
• Torsades

**au bon pain.**  
café bakery

Please visit [aubonpain.com](http://aubonpain.com) or nutrition kiosks in our cafés for all nutritional information. Before placing your order, please inform your server if a person in your party has a food allergy. Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. All items are subject to change. Please check with the café to confirm availability.

**Not all items may be available in all cafes. Please check with your local cafe for product availability.**